

# Welcome back to Natural Balance Therapies.

*Same warm welcome, but with a few changes to keep things Covid-19 Secure.*

## Not sure? Stay home.

Please postpone your treatment and get tested if at any time you have any Covid-19 symptoms, **no matter how mild..**



## Covid-19 Symptoms.

These include a **fever, continuous cough, or a loss or change to your sense of taste or smell.** Please **postpone your appointment for 2 weeks** if you are in close proximity to anyone with these symptoms.



## Bookings are confirmed after a pre-screen.

Your therapist will pre-screen and confirm your appointment by phone, text or email, close to booking and again 24 hours ahead.



## Wear a face covering.

In most cases your therapist will ask that you **wear a mask or face covering.**

They will be wearing PPE in line with any guidance and the treatment room will have been sanitised and ventilated before you arrive.



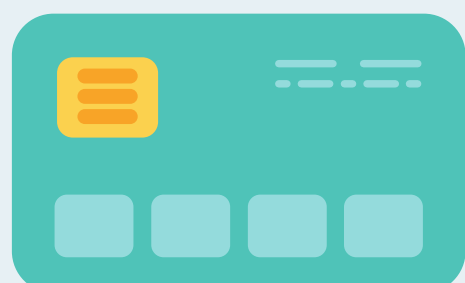
## Arriving.

On arrival please **wash or sanitise your hands.** Please **come to your appointment alone** and bring your own **water bottle.**



## Departing.

To minimise talking and touching surfaces, if possible please **book online and add a card that can be used for payment to your booking.**



## Wait outside for your therapist at the correct door.

To minimise contact we are now using **3 different doors** to welcome clients. The front door and two doors at the back of the property. Your therapist will tell you which to use the day before your appointment. **Both the waiting room and reception are out of use, so please arrive at your exact appointment time.**

